

## POR DÍA DE LA SEMANA

### Martes a Domingos

**Vinasa Yoga con Jennifer**, en el Pabellón de Yoga de Hix Island House, 9:30am, \$15pp, incluye colchón y frisa, "llueva, truene o relampaguee". No se necesitan reservaciones.

**Yoga @ W:** -- 8am everyday

**Yoga @ Sunbay:** 10am anyday- call ahead- 787 435-7510

### Todos los días

**Happy Hour al Atardecer**, 5-7pm, Mar Azul, 787.741.3400

### Lunes

**Clases de Judo**, con Juan Martínez y Gustavo Marín. 5pm en la Isla Nena Judo Club. Gratis

**Alcohólicos Anónimos** – Libro Grande; reunión limitada a aquellos que quieren dejar de tomar; 5:30pm, en el Pabellón del Fideicomiso (edificio trasero) en Esperanza

**Lunes de Medalla:** \$1.50 todo el día. Bananas

**Clases de Bailar Salsa Gratis**, 7pm-9pm, Mar Azul, 787.741.3400

**Spinning (Indoor Cycling) Classes**, Intensive workout ideal for burning calories, strengthening and toning muscles. Workout at your own fitness level. Need workout clothes, sneakers, towel and water. 8:30 AM at Cafe Violeta, \$10 per person. Call Violeta to reserve a bike (787) 741-2805.

### Martes

**Alcohólicos Anónimos** – Viviendo en Sobriedad, reunión abierta, 5:30pm, en el Pabellón del Fideicomiso (edificio trasero) en Esperanza.

**Mercado Placita Reyes:** Amplia selección

de frutas y vegetales, germinados orgánicos y panes artesanales Bayaonda; disponibles todas las semanas, martes y miercoles desde las 8:00am -3:00pm. Detras de la fábrica GE en la carr.# 201 intersección carr. #200.

**Café Coquí Fire**, 5pm-9pm, Mar Azul, 787.741.3400

### Miércoles

**Clases de Judo**, con Juan Martínez y Gustavo Marín. 5pm en la Isla Nena Judo Club. Gratis

**Paella night featuring Waldo**, Belly Buttons 5pm-11

**Al-Anon familia y amigos de Alcohólicos** Discusión abierta 9am, detrás Iglesia Católica en Isabel II

**Mercado Placita Reyes:** Amplia selección de frutas y vegetales, germinados orgánicos y panes artesanales Bayaonda; disponibles todas las semanas, martes y miercoles desde las 8:00am -3:00pm. Detras de la fábrica GE en la carr.# 201 intersección carr. #200.

**Happy Hour con DJ** 5-7pm, Mar Azul, 787.741.3400

**Humane Society Garage Sale**, Red Building on Main Street Isabel, 9-2

**Spinning (Indoor Cycling) Classes**, Intensive workout ideal for burning calories, strengthening and toning muscles. Workout at your own fitness level. Need workout clothes, sneakers, towel and water. 8:30 AM at Cafe Violeta, \$10 per person. Call Violeta to reserve a bike (787) 741-2805.

### Jueves

**Alcohólicos Anónimos** – Discusión abierta, 8:30am, en Playa Gallito

**Noche de Mexico** 5pm – Belly Buttons

**Jueves Sediento**, compre una bebida, obtenga otra gratis con la compra de comida. Bebidas incluyen painkiller, ponche de ron y piña coladas en Bananas

**Cena en Casa Cascadas** con el Chef Alex Mazzocca, una íntima experiencia gourmet en la más distintiva villa privada de la isla – asientos limitados. Favor de hacer reservaciones. 917.602.2446

**Humane Society Garage Sale**, Red Building on Main Street Isabel, 9-2

### Viernes

**Yoga en Sunbay con MariAngeles**, 9:15am, 787 435-7510

**Clases de Judo**, con Juan Martínez y Gustavo Marín. 5pm en la Isla Nena Judo Club. Gratis

**Alcohólicos Anónimos** – Discusión abierta, 6pm en el edificio pequeño detrás de la Iglesia Católica en Isabel II

**Especiales de langosta en Tradewinds**, 787 741-8666

**Mercado Placita Reyes:** Amplia selección de frutas y vegetales, germinados orgánicos y panes artesanales Bayaonda; disponibles todas las semanas, martes y miercoles desde las 8:00am -3:00pm. Detras de la fábrica GE en la carr.# 201 intersección carr. #200.

**Noche de Costillas** en Veritas 787.741.0011

**Música en Vivo e Improvisación** 9pm-1am, Mar Azul, 787.741.3400

**Humane Society Garage Sale**, Red Building on Main Street Isabel, 9-2

**Spinning (Indoor Cycling) Classes**, Intensive workout ideal for burning calories, strengthening and toning muscles. Workout at your own fitness level. Need workout clothes, sneakers, towel and water. 8:30 AM at Cafe Violeta, \$10 per person. Call Violeta to reserve a bike (787) 741-2805.

### Sábados

**Alcohólicos Anónimos** – Tradición de los Pasos, reunión abierta, 10:30am, en el edificio pequeño detrás de la Iglesia Católica en Isabel II

**Karaoke en Mar Azul**, comienza alrededor de las 8pm

**Regions of Italy**, Coconuts, 787.741.9325

Pizzas gourmet cada semana. Verifique en [www.veritas.com](http://www.veritas.com) para las selecciones de la semana. Noche de Pizza solo para cena. Veritas 787.41.0011

**Karaoke** 9pm-1:30am, Mar Azul, 787.741.3400

**Humane Society Garage Sale**, Red Building on Main Street Isabel, 9-2

**Spinning (Indoor Cycling) Classes**, Intensive workout ideal for burning calories, strengthening and toning muscles. Workout at your own fitness level. Need workout clothes, sneakers, towel and water. 8:30 AM at Cafe Violeta, \$10 per person. Call Violeta to reserve a bike (787) 741-2805.

### Domingos

**Alcohólicos Anónimos** – Discusión abierta, 10:30am en el edificio pequeño

**Paella en Tradewinds**, 787 741-8666

La Iglesia Bautista de Sarón comenzará a ofrecer servicios de adoración en inglés los domingos, a partir del domingo, 11 de diciembre de 1:30-2:30pm. Todos son bienvenidos. Localizada entre el Supermercado Morales de Monte Santo y la Escuela Elemental de Playa Grande.

**Happy Hour de Resaca y Bloody Mary's con Bill**, 10am-mediódía, Mar Azul, 787.741.3400

## POR FECHA

### Jueves 5 de enero

**Festival de Reyes**. Plaza Pública. 9 am

**Visita a las ruinas de la Central Playa Grande**. 9 -12 Donativo sugerido: Adultos \$30, niños \$15 Espacios limitados, se requiere reservación Call 787.741.8850 for more information.

### Sat, Jan 7th

**Isabel Segunda open late!** Shopping and dinner. Refreshments in stores and pincho stand!!

### Domingo, 8 de enero

**Almuerzo (desayuno tardío) en Coqui Fire Café**, 10am-2pm en Mar Azul, 787.741.3400

### Lunes, 9 de enero

**Clases de "Spinning"** (Ciclismo Interior). Haga su resolución de Año Nuevo una realidad. Pierda peso, gane músculo y póngase en forma saludablemente. Únase a nosotros hoy en Café Violeta para comenzar la nueva transformación de su cuerpo. Clases a las 8:30 AM y 5:30 PM. Llame para reservar su bicicleta al (787) 741-2805

### Jueves, 19 de enero

**Visita a las ruinas de la Central Playa Grande**. 9 -12 Donativo sugerido: Adultos \$30, niños \$15 Espacios limitados, se requiere reservación Llamar al 787.741.8850 para más información.

**Jimmy's Theme Night**-Special Menu Greek Night at Mar Azul 787.741.3400 "Jimmy's Theme Night"-Menú Especial Noche Griega en Mar Azul 787.741.3400

### Sábado, 21 de enero

**Apertura de la Galería de Cerámicas de Lulu Atkin**, 6:00 a 7:30 pm, @15 Calle Húcar, A 1 1/2 cuadra del Tradewinds en Esperanza. 787 741 7828

### Domingo, 22 de enero

**Almuerzo (desayuno tardío) en Coqui Fire Café**, 10am-2pm en Mar Azul, 787.741.3400

### Viernes, 27 de enero

**Observación de Aves**, nos reuniremos en el Fideicomiso a las 7am y luego nos dirigiremos en carro al lugar. Favor de usar pantalones largos, zapatos cómodos y traer agua. La excursión se llevará a cabo el último viernes de cada mes. Llamar al 787.741.8850 para más información.

### sábado, 28 de enero

**Evento de recaudación de fondos del "Navy League"**, 6pm - 10pm. Música del Ayer con DJ Paul en Hector's By The Sea. Venta de taquillas comienza el 5 de enero en VQS Flowers & Gifts, Hector's By The Sea, Casa La Lanchita, \$25 socios, \$30 no socios info: 787 741 1178

### Jueves, 19 de enero

**Visita a las ruinas de la Central Playa Grande**. 9 -12 Donativo sugerido: Adultos \$30, niños \$15 Espacios limitados, se requiere reservación Call 787.741.8850 for more information.

### Viernes, 3 de febrero

**Recepción de Apertura en "Gallery Gallean"**: Fotografía realizada por Mujeres de Vieques; Karen Edelstein, River Karmen & Alba Hollister-Ruiz

## BY DAY OF THE WEEK

## Tuesdays thru Sundays

**Vinasa Yoga** with Jennifer, at Hix Island House's Hill top Yoga Pavilion; 9:30am, rain or shine. \$15 includes mat and blanket. No reservations necessary.

## Mondays

**Judo Classes**, taught by Juan Martinez and Gustavo Marin. 5pm at the Isla Nena Judo Club. Free

**Bananas Medalla Mondays** \$1.50 including tax. All day.

**Alcoholics Anonymous** – Big Book Meeting (closed) at the Pavilion (back building) at the Trust in Esperanza, 5:30pm

**Free Salsa Dancing Lessons**, 7PM-9PM, Mar Azul, 787.741.3400

**Spinning (Indoor Cycling) Classes**, Intensive workout ideal for burning calories, strengthening and toning muscles. Workout at your own fitness level. Need workout clothes, sneakers, towel and water. 8:30 AM at Cafe Violeta, \$10 per person. Call Violeta to reserve a bike (787) 741-2805.

## Tuesdays

**Alcoholics Anonymous** – Living Sober (open to all); 5:30pm at the Pavilion (back building) at the Trust in Esperanza.

**Vieques Farmer's Market**: Large selection of fruits & vegetables and organic sprouts from Placita Reyes, and Bayaonda's Artisan Breads available all day starting at 8am every week on Route 201 intersecting with Route 200 behind the GE plant in Barrio Florida.

**Happy Hour**, Veritas, 5-7

**Coqui Fire Café**, 5pm-9pm, Mar Azul, 787.741.3400

## Wednesdays

**Alcoholics Anonymous – AA Open Discussion Meeting**. Behind church/Isabell II @ 6pm

**Judo Classes**, taught by Juan Martinez and Gustavo Marin. 5pm at the Isla Nena Judo Club. Free

**Vieques Farmer's Market**: Large selection of fruits & vegetables, and organic sprouts from Placita Reyes, and Bayaonda's Artisan Breads available all day starting at 8am every week on Route 201 intersecting with Route 200 behind the GE plant in Barrio Florida.

**Paella Nite** ready by 6:30PM....don't miss it! Sea food \$15.95 per plate. Belly Buttons

**Humane Society Garage Sale**, Red Building on Main Street Isabel, 9-2

**DJ Happy Hour** 5-7PM, Mar Azul, 787.741.3400

**Spinning (Indoor Cycling) Classes**, Intensive workout ideal for burning calories, strengthening and toning muscles. Workout at your own fitness level. Need workout clothes, sneakers, towel and water. 8:30 AM at Cafe Violeta, \$10 per person. Call Violeta to reserve a bike (787) 741-2805.

## Thursdays

**Alcoholics Anonymous** – Open meetings, 8:30am, at Gringo Beach

**Committee of Parents for Community Assistance** – meets at the Susana Centeno Clinic, 7pm, with Alba "Pupa" Encarnación, 741 -0895

**Film Documentaries** on the Peace Movement and the history of Vieques, at Casa de Kathy, 367 Bromelias, Esperanza, free entrance; 8pm, 787-565-2717, call first

**Historical and ecological tours of Vieques by Bayoya Tours**; meet in Esperanza at 10am; reservations required, 787 955 9506

**Mexican Nite** 5pm-close Belly Buttons

**A Dinner Evening at Casa Cascadas** with chef Alex Mazzocca, an intimate limited-seating gourmet experience at the island's most distinctive private villa. Reservations a must. 917.602.2446

**Humane Society Garage Sale**, Red Building on Main Street Isabel, 9-2

## Fridays

**Judo Classes**, taught by Juan Martinez and Gustavo Marin. 5pm at the Isla Nena Judo Club. Free

**Loebster Specials at Tradewinds**, 787-741-8666

**Vieques Farmer's Market**: Large selection of fruits & vegetables from Placita Reyes, and Bayaonda's Artisan Breads available all day starting at 8am every week on Route 201 intersecting with Route 200 behind the GE plant in Barrio Florida.

**Humane Society Garage Sale**, Red Building on Main Street Isabel, 9-2

**Prime Rib Night**, Veritas, 5-7, 787.741.0011

**Alcoholics Anonymous – AA Open Discussion Meeting**. Behind church/Isabell II @ 6pm

**Live Music & Open Jam w/the MarAzul's** 9pm-1am, Mar Azul, 787.741.3400

**Spinning (Indoor Cycling) Classes**, Intensive workout ideal for burning calories, strengthening and toning muscles. Workout at your own fitness level. Need workout clothes, sneakers, towel and water. 8:30 AM at Cafe Violeta, \$10 per person. Call Violeta to reserve a bike (787) 741-2805.

## Saturdays

**Alcoholics Anonymous** – Step-Tradition, open meeting, 10:30am, at small building behind Catholic Church in Isabel II

**Karaoke** Starts at 9pm Al's Mar Azul

**Humane Society Garage Sale**, Red Building on Main Street Isabel, 9-2

**Brunch**, Inn on the Blue Horizon, 787.741.3318

**Gourmet pizza night** with four different gourmet pizzas each week. Check out www.veritas.com for weekly selections. Pizza Night is dine in only. Veritas 787.741.0011

**Karaoke** 9pm-1:30am, Mar Azul, 787.741.3400

**Spinning (Indoor Cycling) Classes**, Intensive workout ideal for burning calories, strengthening and toning muscles. Workout at your own fitness level. Need workout clothes, sneakers, towel and water. 8:30 AM at Cafe Violeta, \$10 per person. Call Violeta to reserve a bike (787) 741-2805.

## Sundays

**Paella at Tradewinds**, 787 741-8666

**Alcoholics Anonymous** – Open discussion, 10:30am, at small building behind Catholic Church in Isabel II

**Baby Back Ribs** 5pm-9pm BELLY BUTTONS

**Brunch**, Inn on the Blue Horizon, 787.741.3318

The Baptist Church of Saron will begin giving Sunday worship services in English starting Sunday, December 11th, from 1:30-2:30 pm. All are welcome. Located between supermarket Morales in Monte Santo and Playa Grande Elementary School.

## BY DATE

## Thursday, Jan 5

**Three Kings Festival**. Plaza Pública. 9 am

**Visita a las ruinas de la Central Playa Grande**. 9 -12 Donativo sugerido: Adultos \$30, niños \$15 Espacios limitados, se requiere reservación Call 787.741.8850 for more information.

## Sat, Jan 7th

**Isabel segunda open late!** Shopping and dinner. Refreshments in stores and pincho stand!!

## Sun, Jan 8th

**Coqui Fire Café Brunch**, 10am-2pm at Mar Azul, 787.741.3400

## Monday January 9th:

**Spinning (Indoor Cycling) Classes**. Make your New Year's Resolution a reality. Loose weight, build muscle and get fit and healthy. Join us today at Cafe Violeta to begin your new body transformation. classes at 8:30 AM and 5:30 PM. Call to reserve a bike (787) 741-2805.

## Thursday, January 19

**Playa Grande Tour**, 9:00 - 12:00 Suggested donation Adults: \$30. Children: \$15. Space is limited, reservations required Call 787.741.8850 for more information.

**Jimmy's Theme Night-Special Menu Greek Night** at Mar Azul 787.741.3400

## Saturday, Jan 21

**Lulu Atkin, Ceramic Art Gallery Opening**, 6:00 to 7:30 pm, @15 calle hucar, 1 1/2 Blocks up from Tradewinds in Esperanza. 787 741 7828

## Sun, Jan 22nd

**Coqui Fire Café Brunch**, 10am-2pm at Mar Azul, 787.741.3400

## Fri, Jan 27th

**Bird Watching Tour**, meet at the Vieques Historical Trust at 7 am and then carpool to site. Wear long pants, comfortable shoes and bring water. Tours will be held the last Friday of each month. Call 787.741.8850 for more information.

## Saturday, Jan 28

**Navy League Fundraiser Event**, 6pm - 10pm. Rockin' Oldies at Hector's By The Sea with DJ Paul. Tickets for sale beginning Jan 5 \$25 members, \$30 non members at VQS Flowers & Gifts, Hector's By The Sea, Casa La Lanchita info: 787 741 1178

## Jueves, 19 de enero

**Playa Grande Tour**, 9:00 - 12:00 Suggested donation Adults: \$30. Children: \$15. Space is limited, reservations required Call 787.741.8850 for more information.

## Fri, Feb. 3rd

**Gallery Galleon Opening Reception: 6pm** Women of Vieques Photography; Karen Edelman, River Karmen & Alba Hollister-Ruiz